

MelbPC is not a substitute for safe computing practice, which means using:

- A current operating system
- A commercial Antivirus Suite
- Regular full scans of your system and working files
- Having a Backup or Rescue disc
- Using System Restore or a commercial image backup to overcome a compromised operating system/corrupt files
- Safe Mode repair

Current software is regularly patched by the provider and should include firewall, email, and website monitoring. If you are unfortunate and catch Adware/Malware, your commercial Antivirus provider should be the first line of support. The following is suggested for those who wish to help themselves.

Adware & Malware programs (Apps) can almost bring your computer to a standstill, with annoying advertisements that pop up constantly. They are not viruses, but have similar effects. The program is usually installed without your knowledge, often with another program that you have intentionally installed. There are thousands of Adware programs and other malware that may be responsible for your computer symptoms.

Getting rid of them is straightforward, but requires quite some time. Step-by-step instructions are at <a href="http://malwaretips.com/blogs/remove-adware-popup-ads/">http://malwaretips.com/blogs/remove-adware-popup-ads/</a>.

Please refer to <a href="http://www.go-remove-malware.com/sitemap/">http://www.go-remove-malware.com/sitemap/</a> while looking for the program in Step 1. Please note that this list is a set of links, so just use it to identify suspect programs. If you have any of the required removal programs already installed, please uninstall them before starting, Otherwise Malware removal may not be effective.

## Additional resources are:

- SIG Workshop assistance
- Tips on which software packages protect well: http://www.techsupportalert.com/best-free-spyware-and-adware-remover.htm#Quick\_Selection\_Guide
- Comparison of Free Drive Cloning Software:
  <a href="http://www.techsupportalert.com/best-free-drive-cloning-software.htm">http://www.techsupportalert.com/best-free-drive-cloning-software.htm</a>

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